



DEGREE/MAJOR SEQUENCING PLAN (4 Years)

Degree/Major: BS - Kinesiology (Non-Certification) **Catalog:** 2019-2020

Total Credit Hours: 120 **Core Hours:** 38 **Major Hours:** 82

Following this sequence increases the likelihood of completing this degree in four years' time. Dropping courses, retaking classes or registering for less than a full course load will delay graduation, so always consult your academic advisor before deviating from this suggested sequence. Students may enroll in a course only if they have met all prerequisites for that course. Check the UIW Bulletin for details. Asterisked courses must have a C or better.

	FALL SEMESTER	SPRING SEMESTER
FRESHMAN	Semester Hours: 13 DWHP 1200 - Dimension of Wellness (2) ENGL 1311 or 1311L - Composition (3) PHIL 1381 - Introduction to Philosophy (3) Social Science Course (3) PEHP 1190 - Activity Lab (1) Team Activity Course (1)	Semester Hours: 16 ENGL 1312 - Composition II (3) History Course (3) MATH 1304 - College Algebra (3) 1000 Level Religious Studies Course (3) Individual/Dual Activity Course (1) Elective (3)
SOPHOMORE	Semester Hours: 16 PEHP 3301 - Motor/Fitness Develop Children (3) PEHP 3312 - Motor/Fitness Develop Adol. (3) PEHP 2301 - Tests and Measurement (3) Modern Language Course 1 (3) Rhythmic Activity Course (1) 3000+ Level Religious or Philosophy Course (3)	Semester Hours: 16 PEHP 3302 – Motor/Fitness Develop Pre-Adol (3) PEHP 3314 - Theory of Coaching (3) ENGL 2310 - World Literature Studies (3) Modern Language Course 2 (3) Elective (3) Aquatic Activity Course (1)
JUNIOR	Semester Hours: 16 PEHP 3350 - Theory of Movement Forms (3) PEHP 3307- Worksite Health Promotion (3) BIOL 2321 - Anatomy and Physiology I (3) BIOL 2121 - Anatomy and Physiology I Lab (1) 3 Individual/Dual or Team Activity Courses (3) Elective (3)	Semester Hours: 16 PEHP 3315 - Principles of Health (3) PEHP 3371 - Care & Prevention of Injuries (3) PEHP 4301 - Principles of Human Move. (3) PEHP 4333 - Human Performance (3) BIOL 2322 - Anatomy and Physiology II (3) BIOL 2122 - Anatomy and Physiology II (1)
SENIOR	Semester Hours: 15 PEHP 4345 - Psychomotor Development (3) 3 Individual/Dual Activity Courses (3) Developmental Activity Courses (2) Fine Arts Course (3) PEHP 1113 - Physical Conditioning (1) Elective (3)	Semester Hours: 12 PEHP 3305 - Motor Develop Fit and Health (3) PEHP 4395 - Practical Experience (3) Elective (3) Elective (3)

UNIVERSITY CORE AND MAJOR OPTIONS

Religious/Philosophy Option(s) 1000 Level RELS Course PHIL 1381, 3000+ Level RELS or PHIL Course	Fine Arts Option(s) 3 Hour Course from ARTS, ARTH, MUAP, MUSI, THAR, DANC	Modern Language Core Options 6 Hours from Same Language
History Option(s) HIST 1311, HIST 1312, HIST 1321, HIST 1322	Social Science Option(s) PSYC 1301, SOCI 1311, ECON 2301, POLS 1315, POLS 1316, CRJU 1311	Aquatic Activity Option(s) PEHP 1118, PEHP 1119, PEHP 1120, PEHP 1121, PEHP 1122, PEHP 1132
Developmental Activity Option(s) PEHP 1111, PEHP 1112, PEHP 1113, PEHP 1114, PEHP 1125, PEHP 1127, PEHP 1131, PEHP 1139, PEHP 1140, PEHP 1141, PEHP 1147, PEHP 1148, PEHP 1149, PEHP 1150, PEHP 1151, PEHP 1153, PEHP 1154, PEHP 1155, PEHP 1156, PEHP 1157	Team Activity Option(s) PEHP 1105, PEHP 1106, PEHP 1107, PEHP 1108, PEHP 1109, PEHP 1110, PEHP 1128	Individual/Dual Activity Option(s) PEHP 1101, PEHP 1102, PEHP 1103, PEHP 1104, PEHP 1129, PEHP 1133, PEHP 1134, PEHP 1138, PEHP 1143, PEHP 1144, PEHP 1152
	Rhythmic Activity Option(s) PEHP 1115, PEHP 1116, PEHP 1117, PEHP 1136, PEHP 1145, PEHP 1146	