

DECEMBER 2

WHAT'S THE

# WORD

NATIONAL COOKIE DAY  
CAB EVENT



HOLIDAY COUNTDOWN

BLOOD DONATION  
DRIVE 2020

FALL 2020  
UNIVERSITY OF THE INCARNATE WORD



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## Message from Campus Engagement

Congratulations, Cardinals! It has been a year to remember and even though you have gone through different challenges, as students you have persevered and as the UIW Community, we have come together in a time of need. We hope you enjoyed the Thanksgiving holiday! Make sure to check out Engage in Cardinal Apps for the latest information on events and activities available to you!

"Gratitude can transform common days into thanksgivings, turn routine jobs into joy, and change ordinary opportunities onto blessings."  
- William Arthur Ward

## Praised be the Incarnate Word!



# Congratulations Class of 2020

**#UIWGrad**

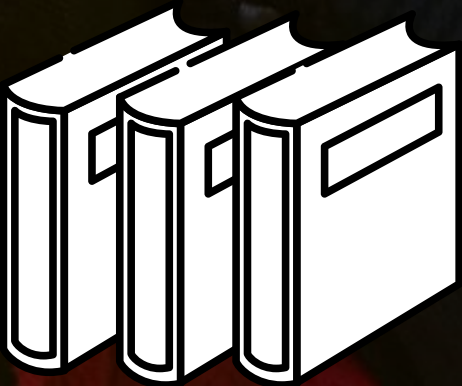
Share your graduation photos and your favorite UIW memories with the hashtag #UIWGrad. Enjoy seeing what your fellow graduates are up to and come together to celebrate your accomplishment!





UNIVERSITY OF THE INCARNATE WORD

# GOOD LUCK ON FINAL EXAMS CARDINALS!





# GET YOUR THERMOMETERS READY!

## CARDINAL DAILY HEALTH CHECK IS HERE!

The Cardinal Daily Health Check, a web-based tool, must be completed by all employees, students, and guests before visiting any UIW location.

After a successful daily health check, users will be emailed a ticket they use to verify completion of the screening.

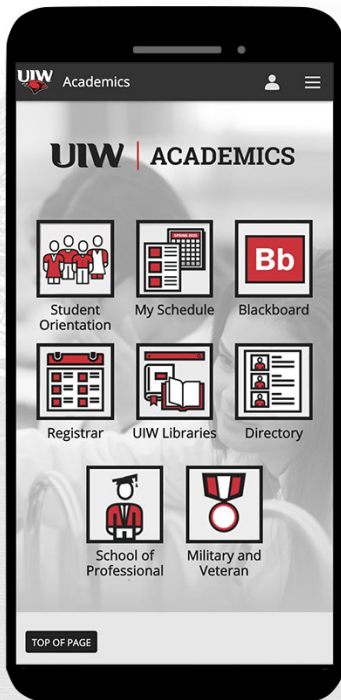
Staffed checkpoints, supervisors, faculty members, athletic staff, and others may ask to see this ticket to help our community minimize transmission risks.



For detailed instructions and more information, please visit <https://www.uiw.edu/cardinal-daily-health-check/>.



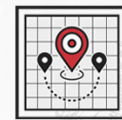
Scan this QR code to go to the Cardinal Daily Health Check.



## DOWNLOAD THE OFFICIAL UIW MOBILE APP

Use the app for quick access to important information and university resources.

Stay tuned for updates as we work to bring you additional features and integrations!



Campus Map



Blackboard



Calendar of Events



University and Athletics News



Emergency Contacts and Information



Look for it on the Apple App store and Google Play store.



# UIW ENGAGE



## YOUR INVITATION TO EVERYTHING CAMPUS ENGAGEMENT IN 3 EASY STEPS

### STEP 1

Visit [uiw.edu](http://uiw.edu)  
and log in to  
"Cardinal Apps"

### STEP 2

Click on the **ENGAGE** tab. Use  
the search bar to find an  
organization or view events  
that are listed.

### STEP 3

Click on the event and enjoy!  
Win prizes and swag and have  
fun!

### WHAT WILL YOU FIND?

- Participate in competitions for awesome prizes
- Search over 100 student organizations to become involved
- Stay connected with Student Government and Campus Activities Board
- Movie night with your friends - CHAT ROOM AVAILABLE
- DIY step-by-step interactive activities
- Opportunities to meet other students
- LIVE talent shows and music concerts
- POP UP shops, POP UP giveaways and POP UP karaoke

[CAMPUSENGAGEMENT@UIWTX.EDU](mailto:CAMPUSENGAGEMENT@UIWTX.EDU)

210-829-6034



# A Prayer as I Put on My Mask



As I prepare to go into the world,  
help me see the sacrament in the wearing of this cloth -  
let it be "an outward sign of an inward grace" -  
a tangible and visible way of living  
love for my neighbors, as I love myself.

Christ,  
since my life will be covered, uncover my heart,  
that people would see my smile in the crinkles around my eyes.  
Since my voice may be muffled, help me to speak clearly,  
not only with my words, but with my actions.

Holy Spirit,  
as the elastic touches my ears, remind me to listen carefully -  
and full of care - to all those I meet.

May this simple piece of cloth be shield and banner,  
and each breath that it holds, be filled with your love.

In your name, and in the name of love  
I pray.

May it be so. May it be so.



# Una oración mientras me pongo la máscara



Mientras me preparo para ir al mundo,  
ayúdame a ver el sacramento en el uso de este paño -  
que sea "un signo exterior de una gracia interior" -  
una forma de vida tangible y visible  
amor al prójimo como a mí misma.

Cristo,  
ya que mi vida estará cubierta, descubre mi corazón,  
que la gente vea mi sonrisa en las arrugas alrededor de mis ojos.  
Ya que mi voz puede estar ahogada, ayúdame a hablar con claridad,  
no solo con mis palabras, sino con mis acciones.

Espíritu Santo,  
mientras el elástico toca mis oídos, recuérdame que escuche con atención -  
y llena de cariño - a todas las personas con quien me encuentre.  
Que este simple trozo de tela sea escudo y estandarte,  
y cada respiro que contenga, esté lleno de tu amor.  
En tu nombre y en el nombre del amor  
Rezo.

Que así sea. Que así sea.

A lit oil lamp with a warm, glowing flame. The lamp is made of a textured, light-colored material, possibly ceramic or stone. To the right of the lamp, there are colorful tinsel decorations in shades of purple, pink, and gold. The background is dark and out of focus, suggesting an indoor setting.

## Enough oil in the flasks of our hearts: A Reflection on Matthew 25:1-13 by Julia King, UIW Alumna '20

Around this time in the fall of my freshman year at UIW, I awoke in a panic in my dorm room in Dubuis Hall. I reached for my phone and checked the time. It was 10:30 am. In classic college student fashion, I overslept. I got dressed and sprinted out of Dubuis to the ballet studio in the theatre building. If any of you can picture this on campus, I ran up the stairs in the back of the AD building to the 1st floor by the chapel, sprinted past the business office, breezed through the breeze way, and ran up another 2 flights of stairs. I swung open the door of the ballet studio and caught my breath.

It was already 10 minutes after class had started, and I was late for my ballet final. Rightfully so, points were deducted and my grade suffered. I felt absolutely defeated. Times like these are what some of my Grad school friends and I call "U-haul moments." These are moments where you mess up so badly that you might as well call a U-haul and move back home. Being late for that final was my first "U-haul moment" of many. I wasn't prepared, and it certainly felt like the end of the world.

In Matthew's parable of the ten virgins, Jesus also describes the end of the world. In reference to the Last Judgement, he says that the kingdom of heaven will be like ten virgins who wait for their Bridegroom to meet them. Half are prepared and bring oil for their lamps. The other half miss their opportunity to meet the Bridegroom because they do not bring any oil. The difference between the five who came prepared and the five who did not is that the ones who were prepared were ultimately ready to receive.

A professor of mine describes the Christian life as the cultivation of a posture of receptivity. It is an ongoing process of learning how to receive the love of God. For us humans, this process of preparation can prove difficult. The world wounded by sin that we live in often distorts the love of God. We suffer injustices of every kind and we are hurt by frail, human relationships. Gratefully, we have a God who is willing to go to the depths. Jesus, our Bridegroom always comes to meet us in our wounded world and in our own brokenness.

Our loving God was willing to empty himself and become one of us so that we can learn how to receive his love. Like the five who brought enough oil to receive the Bridegroom, we, as Christians, store up enough oil in the flasks of our hearts so that we can light our lamps and recognize our Bridegroom when he comes to meet us. We do this by cultivating lives of prayer, learning to recognize and listen to the Bridegroom's voice. We also store up oil through works of mercy, learning to recognize the face of Jesus, our Bridegroom in our neighbors.

Because the three young, French women who were the first Sisters of Charity of the Incarnate Word intimately knew the voice of the Bridegroom, they were prepared to answer the call of Bishop Dubuis to come to Texas. They did not know the day or the hour that they would receive this call. However, they were prepared to meet Jesus suffering in the multitude of sick and infirm of every kind who sought relief at their hands, as asked of them by Bishop Dubuis.

We, as members of the UIW community, can also answer this call to make the love of Jesus the Incarnate Word tangible in our world through lives committed to prayer and service. We can come to know the Bridegroom in the Sacraments, Scripture, and in each other, so that when the day and the hour does come, we are prepared to fully receive the gift of God's love. Although our lives are full of "U-haul moments" when it feels like the end of the world, Paul reminds us in our second reading that we will always be with the Lord. Our faith sustains us in the waiting and gives us hope that our Bridegroom always comes to meet us to welcome us to the feast.





## MHA program establishes scholarship endowment with \$50K gift from Gonzaba Medical Group

The University of the Incarnate Word has established a scholarship endowment with a \$50,000 gift from Gonzaba Medical Group to support students in the Master of Health Administration program at the H-E-B School of Business and Administration.

The Dr. Bill Gonzaba Endowed Scholarship for Healthcare Leadership and Innovation in Health Administration is established in honor of Dr. William "Bill" Gonzaba, the founder and CEO of Gonzaba Medical Group, which has served San Antonio for more than 60 years.

The scholarship will provide financial support for minority, first-generation students seeking a graduate-level degree in health administration. Recipients of the scholarship will meet Tier I admission status with a GPA of 3.5 or higher.

"The MHA program is extremely grateful to Dr. Bill Gonzaba for his generous donation to establish an endowment that will provide scholarship opportunities for our future MHA students," said Dr. Chris Nesser, the director of UIW's Master of Health Administration program. "This scholarship-generating endowment will enable us to recruit even more highly qualified minority students into our MHA program who otherwise could not afford to attend."

The MHA program has partnered with Gonzaba Medical Group in recent years to place students in its practices through the Graduate Assistantship Program, part of the MHA curriculum. Graduate assistants spend an average of 15 hours each week during their final two semesters at their host practice, while concurrently attending classes.

The partnership provides an excellent opportunity for MHA students to gain real-world experience at an organization that has an exceptional and comprehensive approach to coordinated care.

MHA alumna Kara Lindeman (2020) completed her graduate assistantship with Gonzaba Medical Group and was hired as project manager after graduation.

Entering the UIW MHA program, I would never have dreamed of the opportunities it would grant me," Lindeman said. "With not having any previous formal training, I was beyond grateful that they took a chance on me. Dr. Bill and his group have poured resources and time over the past year into developing me into who I am today, an IT project manager."

Brant Kelley, a 2019 alumnus of the MHA program, also completed his graduate assistantship with Gonzaba Medical Group and was hired as a project manager."

I am very appreciative of the opportunities afforded me by Dr. Bill and Gonzaba Medical Group. From my graduate assistantship to now full-time employment, I cannot think of a more rewarding entrance into healthcare," Kelley said. "This endowment will have a tremendous impact on the MHA program. I am proud of my alma mater and I am happy that future MHA students will benefit from Dr. Bill's generosity."

For future graduate students, Dr. Gonzaba's endowment will enable others who want to seek out higher education, but maybe lack the financial resources, to have the same experience of learning hands-on and working with a company that believes in their employees to see them develop towards their full potential," Lindeman said. "With all my heart, thank you, UIW MHA and Gonzaba Medical Group."

The MHA program at UIW, established in 2010, provides students with a health systems perspective based on an understanding of health and disease, as well as the economic and social factors that influence the industry. The 21-month, 48-hour program is designed for those seeking to pursue leadership careers in the healthcare industry.

# ***Low On Food Supply?***

**COME ON DOWN TO THE CARDINALS' CUPBOARD FOOD PANTRY!**

***We Provide A Diverse Food Selection  
For Those In Need In Our Community***

## **WHAT YOU CAN FIND AT OUR FOOD PANTRY:**

- **CEREAL**
- **MILK**
- **JUICE**
- **PRESERVED FRUITS**
- **CANNED SOUP**
- **PASTA**
- **CANNED MEAT**
- **COOKING INGREDIENTS**
- **HEALTHY SNACKS**



## **WE ALSO HAVE NECESSITY ITEMS SUCH AS:**

- **SOAPS**
- **TOOTHBRUSHES**
- **SHAMPOO**
- **CONDITIONER**



*Follow us on Instagram!  
@uivcc\_foodpantry*

**Location: Joeris Hall  
Hours: M-TH 10AM-3PM  
Open Friday by Appointment**



**FOR MORE INFORMATION  
(210) 283-6423  
OR  
CCL@UIW.TX.EDU**







**REGISTER FOR A  
TIME!**



# BLOOD DONATION DRIVE 2020

A gift straight from your heart.

University of the Incarnate Word Blood Drive sponsored by the Gordon  
Hartman Family Foundation.

**DECEMBER 3, 2020 | 10 AM - 3 PM  
SEC BALLROOM**

Incentives for giving blood- Students/Staff and Faculty will receive: T-shirt,  
\$10.00 Amazon gift card, \$10.00 gift bonus gift card and UIW service hours.

For more information please contact [campusengagement@uiwtx.edu](mailto:campusengagement@uiwtx.edu).



**Tiff's Treats® and CAB**

present

# **National Cookie Day!**

**December 3rd, 2020 at the SEC Concourse**

**11:00 - 2:00 pm**

Join Tiff's Treats and CAB in celebrating National Cookie Day for free cookies and a chance to win a \$25 or \$50 gift card!

face mask required at all campus events. all events will be adhering to the event and social distancing guidelines listed in the new cardinal flight plan.



# UIW GREEK LIFE

ALPHA SIGMA ALPHA



RECRUITMENT WEEK  
COMING JANUARY 2021!

OMEGA DELTA PHI



SIGMA DELTA LAMBDA



ALPHA SIGMA TAU



@UIWGREEKLIFE



# TOP 5 DECEMBER NETFLIX MOVIES



**1 HOLIDATE**

**2 THE GRINCH**

**3 JINGLE JANGLE**

**4 MURDER MYSTERY**

**5 THE WRONG MISSY**







# TOP 5 DECEMBER NETFLIX SHOWS



- 1 THE CROWN**
- 2 EMILY IN PARIS**
- 3 HART OF DIXIE**
- 4 SWEET MAGNOLIAS**
- 5 SELLING SUNSET**







# Holiday Countdown

24 DAYS UNTIL  
CHRISTMAS

30 DAYS UNTIL  
NEW YEAR

*BROUGHT TO YOU BY UIW CAMPUS ENGAGEMENT*



**COMMUNITY**

# **MESSAGES**

- **COVID-19 REMINDERS**
- **FROM UIW BEHAVIORAL HEALTH SERVICES**
- **FROM UIW OFFICE OF THE REGISTRAR**

# COMMUNITY MESSAGES

## COVID-19 Reminders

Members of our campus community are reminded to take precautions to slow the spread of COVID-19. The best way to prevent infection is to take precautions to avoid exposure to this virus, which are similar to the precautions you take to avoid the flu. CDC always recommends these everyday actions to help prevent the spread of respiratory viruses:

Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer. Avoid touching your eyes, nose, and mouth with unwashed hands. Avoid close contact with people who are sick. Stay home when you are sick. Cover your cough or sneeze with a tissue, then throw the tissue in the trash. Clean and disinfect frequently touched objects and surfaces.

For more information, please visit the [CDC's Coronavirus website](#).

To stay up to date on the City of San Antonio's COVID-19 updates, [click here](#).

We will continue to monitor and update our campus community on the coronavirus outbreak as needed.

[Click here](#) for the latest UIW COVID-19 updates.

If you have any questions about UIW's response to COVID-19, [please fill out this form](#).



# COMMUNITY MESSAGES

## From UIW Behavioral Health Services

UIW Behavioral Health Services continues to offer counseling to students who are **physically in Texas** using Zoom or phone. To initiate counseling, please call us at **(210) 832-5656** between 8 a.m. and 5 p.m. and we will assist you in completing needed paperwork and getting scheduled immediately and seen as quickly as possible. Counseling is offered by appointment, 8 a.m. – 5 p.m., Monday through Friday. Some appointments are offered after 5 p.m. based on clinician availability. At this time, we do not provide services on weekends or holidays, but we are happy to direct you toward any needed weekend resources.

*If you call us and leave a message outside of business hours, please be aware that we will return your call within 24 hours. If you contact us on the weekend or during a holiday, we will return your call the next business day.*

If you are a faculty/administrator/staff member with concerns about classroom issues, in need of resource information, or inquiring about professional development/student presentations, please contact Director of Behavioral Health Services, Dr. Christie Melonson directly at (210) 829-3129 or via email at [melonson@uiwtx.edu](mailto:melonson@uiwtx.edu).

Should you have a serious concern about a particular student with possible mental health issues or if you have observed a behavioral incident, you are encouraged to make an online report and to contact Mr. Matt Carpenter, director of student conduct and community standards at (210) 805-5864.

### ***Here are some tips for managing anxiety at this time:***

- Do things you enjoy, no matter what they are. You could read through the pile of books you've been accumulating or play video games if it keeps your mind from worry mode and makes you happy!
- Virtually hang out with friends. There are tons of apps you can use to hang out with your friends and family. You can have a virtual meetup with Zoom, play games together on Discord, and FaceTime or Skype with your older family members.
- Engage in physical activity and workouts, as well as in activities involving deep breathing, stretching, and meditation. Take a walk around your neighborhood or stream yoga and attempt that pose you've always been wanting to do.
- Engage in spiritual practices and virtual spiritual gatherings. Many churches and other places of worship are live streaming services throughout the week. They are also offering virtual Bible studies and prayer sessions.
- Create routines for yourself and set small goals for what you would like to accomplish daily.
- Remind yourself that this time of quarantine is temporary and we are all doing the best we can!

### ***Helpful Behavioral Health Resources:***

- [Taking Care of your Behavioral Health from SAMSHA](#)
- [Stress and Coping from the CDC](#)
- [National Suicide Prevention Lifeline: 1 \(800\) 273-8255 \(24 hours a day\)](#)
- [Family Violence Prevention Services Domestic Violence Hotline: \(210\) 733-8810 \(24 hours a day\)](#)
- SAMHSA's National Helpline for mental health or substance abuse concerns: 1-800-662-HELP (4357)

***If you are a student and feel that you are having a behavioral health emergency outside of clinic hours, please do the following:***

- If you live on campus, please notify Campus Police, dorm staff or an administrator
- For students living off campus, call 911 or go to the nearest Emergency Room or Behavioral Health Hospital.

# COMMUNITY MESSAGES

From UIW Office of the Registrar

Commencement and Baccalaureate Blessing Information:

- Students must register for Baccalaureate Blessing
- Each graduate will receive one ticket to attend the Drive-Thru Graduation Celebration

Baccalaureate Blessing (all are welcome)

December 11, 2020 | 6 p.m. | All Students | Virtual Ceremony (Link TBA)

Commencement Fall 2020 Commencement

December 13, 2020 | 2 p.m. | All Graduates | Virtual Ceremony

Drive-Thru Graduation Celebration Fall 2020

December 12, 2020 | 5:30 - 9 p.m. | School of Professional Studies Graduates | UIW Broadway Campus

December 13, 2020 | 5:30 - 9 p.m. | Broadway Campus Graduates\* | UIW Broadway Campus

\*College of Humanities, Arts and Social Sciences, Dreeben School of Education, Feik School of Pharmacy, H-E-B School of Business and Administration, Ila Faye Miller School of Nursing and Health Professions, Rosenberg School of Optometry, School of Mathematics, Science and Engineering, School of Media and Design, School of Osteopathic Medicine, School of Physical Therapy

The information contained on this web page will help you meet the requirements and deadlines so that you may graduate on time. Please pay attention to deadlines and information contained in this web page as well as that sent to you as failure to do so may result in fees and may prevent you from graduating as you anticipate.

As you near the completion of your degree, you will receive notices from the Registrar's Office encouraging you to contact your academic advisor who, with you, will review your degree requirements to determine when you should apply to graduate. After we receive your application to graduate, we review your academic file to determine that you have met or will meet the requirements for your degree. At that time, all substitution forms must be submitted if not already provided to the Registrar's Office.

If you are an undergraduate student, you must have completed your Community Service by the first week of your final semester.

Praised be the Incarnate Word.  
Office of the Registrar



## **A Reminder from Title IX Department and the Student Conduct Office**

**THE STUDENT CODE OF CONDUCT AND THE SEXUAL  
MISCONDUCT POLICY STILL APPLY TO VIRTUAL LEARNING.**

**IN ALL YOUR INTERACTIONS AS A  
STUDENT, (EMAILS, BLACKBOARD MESSAGE  
BOARDS, ZOOM MEETINGS, ETC.) THE FOLLOWING ARE JUST  
SOME OF THE BEHAVIORS THAT WOULD VIOLATE THESE  
POLICIES:**

- **HARASSMENT (CAN BE SEXUAL OR NON-SEXUAL IN NATURE)**
- **DISRESPECTFUL, DISORDERLY, DISRUPTIVE OR  
INDECENT CONDUCT**
- **STALKING**
- **BULLYING/INTIMIDATION**
- **VERBAL OR WRITTEN ABUSIVE STATEMENTS**
- **DISCRIMINATORY OR INFLAMMATORY STATEMENTS (RACIST,  
SEXIST, ETC.)**
- **ACADEMIC DISHONESTY**
- **FALSIFYING DOCUMENTS**
- **VIOLATING THE UIW RESPONSIBLE COMPUTING POLICY**

**IF YOU FIND YOURSELF NEEDING TO FILE A REPORT FOR A  
STUDENT CODE OF CONDUCT OR SEXUAL MISCONDUCT POLICY  
VIOLATION, PLEASE GO TO: [WWW.UIW.EDU/REPORT](http://WWW.UIW.EDU/REPORT).**



# Campus Engagement

[campusengagement@uiwtx.edu](mailto:campusengagement@uiwtx.edu)

210-829-6034

FOLLOW US ON SOCIAL MEDIA CHANNELS FOR DAILY UPDATES



@UIWCAMPUSENGAGEMENT

## UIW GREEK LIFE

INTERESTED IN GREEK LIFE? FOLLOW US TO SEE WHAT OUR GREEKS ARE DOING



@UIWGREEKLIFE

## UIW CAMPUS ACTIVITIES BOARD

STAY CONNECTED AND FOLLOW US ON OUR SOCIAL MEDIA PLATFORMS



@CABUIW

## UIW STUDENT GOVERNMENT ASSOCIATION

CATCH UP WITH SOME ONLINE ACTIVITIES BETWEEN YOUR CLASSES



@UIWSGA

