

# WHAT'S THE WORD

AUG. 31, 2021

UIWTV - THE WORD ON CAMPUS

COMMUNITY MESSAGES

ETTLING CENTER FOR CIVIC LEADERSHIP  
AND SUSTAINABILITY

FALL 2021

UNIVERSITY OF THE INCARNATE WORD



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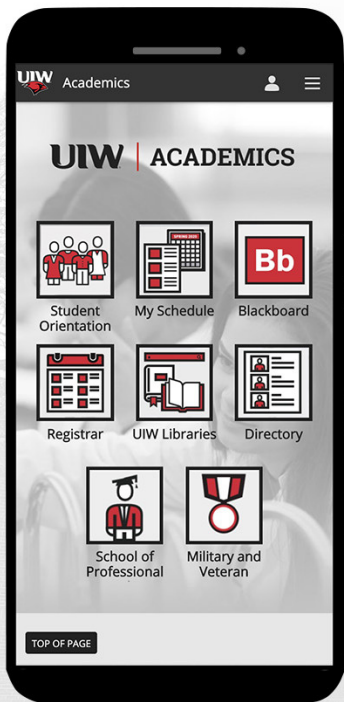
Hi Cardinals!

How is the start of your Fall semester going? As we are all back on campus, remember to study hard and stay safe!

Don't forget to log in to your Cardinal Apps, where you can find information on fun and exciting things happening here on campus!

**"If you work really hard and you're kind, amazing things will happen." - Conan O'Brien**

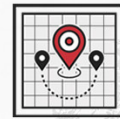
**Praised be the Incarnate Word!**



# DOWNLOAD THE OFFICIAL UIW MOBILE APP

Use the app for quick access to important information and university resources.

Stay tuned for updates as we work to bring you additional features and integrations!



**Campus Map**



**Blackboard**



**Calendar of Events**



**University and Athletics News**



**Emergency Contacts and Information**



Look for it on the [Apple App store](#) and [Google Play store](#).

# UIW ENGAGE



## YOUR INVITATION TO EVERYTHING CAMPUS ENGAGEMENT IN 3 EASY STEPS

### STEP 1

Visit [uiw.edu](http://uiw.edu)  
and log in to  
Cardinal Apps.

### STEP 2

Click on the **ENGAGE** tab. Use  
the search bar to find an  
organization or view events.

### STEP 3

Click on the event or  
organization and enjoy!  
Win prizes and swag and have  
fun!

### WHAT WILL YOU FIND?

- Competitions for awesome prizes
- Over 100 student organizations
- Student Government and Campus Activities Board
- Movie night with friends - CHAT ROOM AVAILABLE
- DIY step-by-step interactive activities
- Opportunities to meet other students
- LIVE talent shows and music concerts
- POP UP shops, POP UP giveaways and POP UP karaoke

[CAMPUSENGAGEMENT@UIWTX.EDU](mailto:CAMPUSENGAGEMENT@UIWTX.EDU)

210-829-6034

**TEAM RED**

**WE'RE  
HIRING!**



**Campus Engagement  
Student Assistant  
(Work Study)**

To apply, visit:  
[jobs.uiw.edu/postings/16440](https://jobs.uiw.edu/postings/16440)



UNIVERSITY OF THE  
INCARNATE WORD

# FOOTBALL THURSDAY

September 2, 2021  
vs. Youngstown St.

6 PM | Watch on ESPN+

SHOW YOUR SUPPORT AND YOUR UIW PRIDE.  
GO CARDINALS!

*A Latinx Month Event*

# DIVERSITEA

AND COFFEE

Each year, Americans observe Latinx Heritage Month from Sept. 15 to Oct. 15, by celebrating the histories, cultures and contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean and Central and South America.

**WEDNESDAY, SEPT. 1**  
**WESTGATE CIRCLE | 1 - 3 P.M.**

**D I D Y O U K N O W ?**

Beginning in 1968, Latinx Heritage Month was originally observed as “Latinx Heritage Week”, but in 1988, President Ronald Reagan signed a law that expanded it to the 31= day period we know today.

**MUST BRING  
WELCOME WEEK  
PASSPORT TO BE  
ELIGIBLE**

**STUFF  
A  
CRITTER**

**STUDENT ENGAGEMENT  
CENTER BALLROOM**

**SEPT. 8 AND 9  
11:00 A.M. TO 1:00 P.M.**





# UIW Blood Drive

Sept. 14-15

UIW Broadway Campus

SEC Ballroom



YOU ARE  
SOMEBODY'S  
TYPE

Register on  
GivePulse



ETTLING CENTER FOR CIVIC LEADERSHIP & SUSTAINABILITY

(210) 283-6423 | CCL@UIWTX.EDU



**ETTLING CENTER FOR CIVIC  
LEADERSHIP & SUSTAINABILITY**

# WORK-STUDY POSITIONS NOW AVAILABLE

**Gain experience in the areas of:**

- **Community Service**
- **Student Engagement**
- **Global Service**
- **Social Justice**
- **Sustainability**
- **Social Media**
- **Graphic Design**
- **Office Setting**

**Apply online by visiting [Cardinal Talent!](#)**

*This position is funded by the Federal Work-Study program and is open to UIW students who are approved and eligible to participate in the Federal Work-Study Program.*

**Ettling Center for Civic Leadership & Sustainability**  
(210) 283-6423 | [CCL@uiwtx.edu](mailto:CCL@uiwtx.edu)





UIW's Student-Run  
TV Station

# Volunteers Needed



Join UIWtv and gain  
**hands-on experience**  
in television  
production.

Earn up to 15  
service hours.

On-Air Talents  
Reporters

Behind the Scenes  
Video Editors  
Photographers

## Volunteer Application



Scan Me!



UIW's Student-Run  
TV Station

# Are you interested in becoming a UIWtv Anchor?

Scan the QR Code  
to fill out an application



Application forms are due  
Sept. 7 at 5 p.m.

Auditions will take place  
September 9th & 10th in AD 290 (UIWtv Studio)

For more information,  
contact Zoe Del Rosario,  
UIWtv Program Director,  
at [zdelrosa@student.uiwtx.edu](mailto:zdelrosa@student.uiwtx.edu)



The Word On Campus

# **Newscast Dates**

## **Fall 2021**

**September 23rd**

**October 7th**

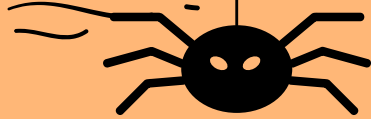
**October 28th**

**November 11th**

**12:30 p.m. - 1:00 p.m.**

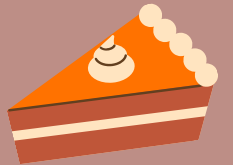
**[uiwtv.org](http://uiwtv.org)**

**HALLOWEEN**



- 61 days

**Thanksgiving**



- 86 days

**Christmas**



- 116 days



***Holiday  
Countdown 2021***

**COMMUNITY**

# **MESSAGES**

- **COVID-19 REMINDERS**
- **FROM UIW BEHAVIORAL HEALTH SERVICES**
- **FROM THE OFFICE OF STUDENT ADVOCACY AND  
ACCOUNTABILITY**
- **FROM THE UIW MEDICAL TEAM**
- **FROM UIW COUNSELING SERVICES**

# COMMUNITY MESSAGES

## COVID-19 Reminders

Members of our campus community are reminded to take precautions to slow the spread of COVID-19. The best way to prevent infection is to take precautions to avoid exposure to this virus, which are similar to the precautions you take to avoid the flu. CDC always recommends these everyday actions to help prevent the spread of respiratory viruses:

Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer. Avoid touching your eyes, nose, and mouth with unwashed hands. Avoid close contact with people who are sick. Stay home when you are sick. Cover your cough or sneeze with a tissue, then throw the tissue in the trash. Clean and disinfect frequently touched objects and surfaces.

For more information, please visit the [CDC's Coronavirus website](#).

To stay up to date on the City of San Antonio's COVID-19 updates, [click here](#).

We will continue to monitor and update our campus community on the coronavirus outbreak as needed.

[Click here](#) for the latest UIW COVID-19 updates.

If you have any questions about UIW's response to COVID-19, [please fill out this form](#).



# COMMUNITY MESSAGES

## From UIW Behavioral Health Services

UIW Behavioral Health Services continues to offer counseling to students who are **physically in Texas** using Zoom or phone. To initiate counseling, please call us at **(210) 832-5656** between 8 a.m. and 5 p.m. and we will assist you in completing needed paperwork and getting scheduled immediately and seen as quickly as possible. Counseling is offered by appointment, 8 a.m. – 5 p.m., Monday through Friday. Some appointments are offered after 5 p.m. based on clinician availability. At this time, we do not provide services on weekends or holidays, but we are happy to direct you toward any needed weekend resources.

*If you call us and leave a message outside of business hours, please be aware that we will return your call within 24 hours. If you contact us on the weekend or during a holiday, we will return your call the next business day.*

If you are a faculty/administrator/staff member with concerns about classroom issues, in need of resource information, or inquiring about professional development/student presentations, please contact Director of Behavioral Health Services, Dr. Christie Melonson directly at (210) 829-3129 or via email at [melonson@uiwtx.edu](mailto:melonson@uiwtx.edu).

Should you have a serious concern about a particular student with possible mental health issues or if you have observed a behavioral incident, you are encouraged to make an online report and to contact Mr. Matt Carpenter, director of student conduct and community standards at (210) 805-5864.

### ***Here are some tips for managing anxiety at this time:***

- Do things you enjoy, no matter what they are. You could read through the pile of books you've been accumulating or play video games if it keeps your mind from worry mode and makes you happy!
- Virtually hang out with friends. There are tons of apps you can use to hang out with your friends and family. You can have a virtual meetup with Zoom, play games together on Discord, and FaceTime or Skype with your older family members.
- Engage in physical activity and workouts, as well as in activities involving deep breathing, stretching, and meditation. Take a walk around your neighborhood or stream yoga and attempt that pose you've always been wanting to do.
- Engage in spiritual practices and virtual spiritual gatherings. Many churches and other places of worship are live streaming services throughout the week. They are also offering virtual Bible studies and prayer sessions.
- Create routines for yourself and set small goals for what you would like to accomplish daily.
- Remind yourself that this time of quarantine is temporary and we are all doing the best we can!

### ***Helpful Behavioral Health Resources:***

- [Taking Care of your Behavioral Health from SAMSHA](#)
- [Stress and Coping from the CDC](#)
- [National Suicide Prevention Lifeline](#): 1 (800) 273-8255 (24 hours a day)
- [Family Violence Prevention Services Domestic Violence Hotline](#): (210) 733-8810 (24 hours a day)
- SAMHSA's National Helpline for mental health or substance abuse concerns: 1-800-662-HELP (4357)

***If you are a student and feel that you are having a behavioral health emergency outside of clinic hours, please do the following:***

- If you live on campus, please notify Campus Police, dorm staff or an administrator
- For students living off campus, call 911 or go to the nearest Emergency Room or Behavioral Health Hospital.

# COMMUNITY MESSAGES

from the Office of Student Advocacy and  
Accountability

Hello Cardinals,

As we start a new semester here at the University of the Incarnate Word, our hope is that each and every one of you will take advantage of the countless opportunities afforded to you as a Cardinal. Whether you are a new student, preparing for graduation, or somewhere in between, you are charged with ownership of the choices you make every day of your collegiate experience. Our hope is that you will make responsible choices that will promote your success and positively impact the UIW community and beyond. To assist you in your decision-making processes, we would like to equip you with both your rights and responsibilities as a Cardinal. You can find copies of the [UIW 2020-21 Student Handbook](#) and [the Behavioral Misconduct Procedures](#) on the Student Advocacy and Accountability website. These two documents outline various policies and procedures that affect students. I highly recommend you take the time to become familiar with these and bookmark them for future reference.

Additionally, as part of your experience, we strongly believe that student engagement can promote your overall success, and you may consider involvement in one of the many student organizations here at UIW. In accordance with Texas state law, we have included information about hazing and its prevention. Please visit the [Hazing Policy and Report page](#) of the OSAA website for our University Statement on Hazing. Also available on that page is the full University policy regarding hazing and reporting options if you experience or hear about hazing. We have also attached a copy of our January 2021 Hazing Report, which provides information on hazing investigations from the past three years.

Furthermore, we hope you will take ownership of your role as a Cardinal and adopt the values of the institution as your very own: Faith, Innovation, Service, Truth and Education. As a Cardinal, if you see something of concern, take action. You can report any incident or concern using our [online reporting forms](#).

Lastly, know that we are here to help you every step of the way. If you are unsure of what office can help meet your needs, feel free to reach out to our [Office of Campus Life](#). Join an organization, make new friends, attend a game, utilize campus resources and be engaged in campus activities and make the most of your time at UIW. Know that all UIW administrators, faculty and staff are rooting for you!

Again, we wish you the best as you embark on a successful semester at UIW.

Praised be the Incarnate Word!

Sincerely,

Matthew Carpenter  
Director, Office of Student Advocacy and Accountability

and

Dr. Christopher Summerlin  
Dean of Campus Life

# COMMUNITY MESSAGES

From the UIW Medical Team

Dear UIW Students,

We would like to take a moment to thank everyone for their participation in the UIW COVID Vaccine Clinic. Thanks to many in our community, the clinic was a great success. Over 1200 in our community are now fully vaccinated as a result. As we move forward with our planning it is important to gather information from our community that will assist with next steps.

The UIW Medical Team, working with IT and campus leaders, have formulated a survey to better inform vaccination planning for UIW Health Services. Your answers will help UIW Health Services gauge interest in offering the COVID-19 vaccine as supplies become more readily available. Your answers will not bind or require you to have the vaccine.

Participation in this survey is voluntary, and in doing so, you are advised not to provide or send any information related to any medical, genetic, or disability-related information.

You can access the survey here: [UIW COVID-19 Vaccine Survey](#).

Thank you for your assistance.

Sincerely,

The UIW Medical Team

# COMMUNITY MESSAGES

from UIW Counseling Services

UIW Counseling Services has now updated their website and made their intake paperwork available to all students seeking counseling services. This change will now make it easier for UIW students to access counseling services and streamline the scheduling process.

If you are interested in getting a counseling appointment with our UIW counseling department, please follow the link: <https://my.uiw.edu/counseling/index.html>, complete the appropriate forms, send to the email link listed online, and counseling services will give you a call within 2 business days to check your availability and offer available times for an appointment.

In case of a mental health crisis/emergency, please call our office at (210) 832-5656, call 9-1-1, or campus police at (210) 829-6030.

If you have any questions, please contact Counseling Services at (210) 832-5656.

Sincerely,

UIW Counseling Services Team

# Campus Engagement

[campusengagement@uiwtx.edu](mailto:campusengagement@uiwtx.edu)

210-829-6034

FOLLOW US ON SOCIAL MEDIA CHANNELS FOR DAILY UPDATES



@UIWCAMPUSENGAGEMENT

## UIW GREEK LIFE

INTERESTED IN GREEK LIFE? FOLLOW US TO SEE WHAT OUR GREEKS ARE DOING



@UIWGREEKLIFE

## UIW CAMPUS ACTIVITIES BOARD

STAY CONNECTED AND FOLLOW US ON OUR SOCIAL MEDIA PLATFORMS



@CABUIW

## UIW STUDENT GOVERNMENT ASSOCIATION

CATCH UP WITH SOME ONLINE ACTIVITIES BETWEEN YOUR CLASSES



@UIWSGA

